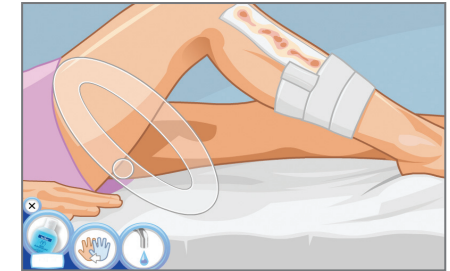


5 Moments E-Learning Tool

Solution: "Changing a dressing – simple"

To protect patients/residents and staff against transmission of pathogens, hand disinfection and additional protective measures need to be integrated into the sequence of steps when changing a dressing. In the following, you will find the correct order of treatment steps including all necessary hygiene measures:



Hand disinfection – WHO Moment 1

WHO Moment 1 = BEFORE touching a patient/resident

Why? To protect the patient/resident against the transmission of pathogens that may reside on the personnel's hands before patient treatment.

Why? Gloves need to be used when contact with mucous membranes, non-intact or contaminated/colonised skin, body fluids, secretions and excretions is expected (staff protection).



WHO Moment 4 = AFTER touching a patient/resident

Why? To protect staff, subsequent patients/residents and the healthcare zone against potentially pathogenic organisms that may have been transmitted during patient care.

Hand disinfection – WHO Moments 2 and 3

WHO Moment 2 = BEFORE aseptic tasks

Why? The wound swab, preparation of sterile dressing material and applying a dressing to a wound belongs to aseptic tasks; to protect the patient/resident against the entry of potentially pathogenic organisms

WHO Moment 3 = AFTER body fluid exposure risk

Why? To protect staff, subsequent patients/residents and the healthcare zone against pathogens, as the use of gloves does not provide safe protection against the transmission of pathogens. Microperforations not visible to the naked eye may occur and pathogens may reach the personnel's hands.