



# 5 Moments E-Learning Tool

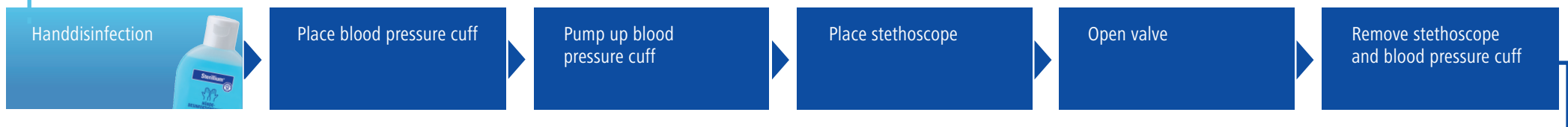
## Solution: "Measuring blood pressure – simple"

To protect patients/residents and staff against the transmission of pathogens, hand disinfection needs to be integrated into the sequence of steps when measuring the blood pressure. In the following, you will find the correct order of treatment steps incl. hand disinfection:



### Hand disinfection WHO Moment 1 = BEFORE touching a patient/resident

**Why?** To protect the patient/resident against the transmission of pathogens that may reside on the personnel's hands before patient treatment.



### Hand disinfection WHO Moment 4 = AFTER touching a patient/resident

**Why?** To protect staff, subsequent patients/residents and the healthcare zone against pathogens, as microorganisms may have been transmitted during patient treatment.

